

**Agad Yoga Narreted in Various Ayurveda Classic**

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**Table 1: Agada yoga mentioned in Sushurata samhita.**

In *Ayurveda*, *Agada* is referred to as an antidote for poisoning. A mixture of antitoxic medications and certain antioxidant, immunomodulator, or hepatoprotective substances make up the herbomineral or polyherbal formulation known as *Agada*.

If we look at the treatment of *Sthavara* and *Jangam visha*, we can see that they destroy each other, so patients bitten by *Jangama Visha* should be given *Sthavara Visha*, and for *Sthavara Visha* (plant poison), *Janagam Visha* (animal poison) should be given. The two internal and external applications are both possible uses for them.

**Material And Method :** This article will compile references of various *Agada* mentioned in ayurvedic literature viz. *Charak Samhita*, *Sushurata Samhita*, *Ashtanga Samhita*, *Ashtanga Samgraha*, etc. Descriptions of *Agada* were compiled from a number of ancient Ayurvedic texts.

**Literary review**

*Agada* and *Tantra* are the two words that make up the phrase "*Agad Tantra*." *Gada* is the ancestor of the word *Agada*. *Gada* means two different things: *Roga* (disease) and *Visha* (poison).

Drug is another word for *Agada*. *Agada* is therefore a medication that defeats sickness or poison. Various single herbs, poly herbal formulations, or herb-mineral formulations are stated as being anti poisonous in Ayurvedic Samhitas (Compendium).

AGADA YOGA	INDICATIONS
<sup>[6]</sup> <i>Dushivishari Agada</i>	In case of <i>dushivisha</i> poisoning and in other type of poisoning also
<sup>[7]</sup> <i>Maha Agada</i>	Destroy the <i>visha vega</i>
<sup>[8]</sup> <i>Ajit Agada</i>	In case of <i>sthavar</i> and <i>jangam visha</i> poisoning
<sup>[9]</sup> <i>Taksharya Agada</i>	In <i>takshak snake</i> poisoning
<sup>[10]</sup> <i>Rishabha Agada</i>	In snake and insect poisoning
<sup>[11]</sup> <i>Sanjeevan Agada</i>	A poisoned person who is unconscious
<sup>[12]</sup> <i>Vanshtwaka di Agada</i>	In <i>Lutaadi vish</i>
<sup>[13]</sup> <i>Kshara Agada</i>	In all types of poisoning, <i>Sharkara</i> , <i>Ashmari</i> , <i>Arsha</i> , <i>Vatagulma</i> , <i>Kash</i> , <i>Shool</i> , <i>Udarroga</i> , <i>Ajirna</i> , <i>Grahani Roga</i> , <i>Aruchi</i> , <i>Shoph</i> , <i>Sarwasar</i> , <i>Shoph</i> , <i>Shwas roga</i>
<sup>[14]</sup> <i>Mahasugan dhi Agada</i>	All types of poisoning
<sup>[15]</sup> <i>Kushdaadi Agada</i>	In <i>trikantaka visha</i> (insect poisoning)
<sup>[16]</sup> <i>Rajnayaadi Agada</i>	<i>Galgolika visha</i> (insect poisoning)
<sup>[17]</sup> <i>Kukumadi Agada</i>	<i>Shatpadi visha</i> (insect poisoning)
<sup>[18]</sup> <i>Meshshringi Agada</i>	<i>Mandook visha</i> (insect poisoning)
<sup>[19]</sup> <i>Dhavaadi Agada</i>	<i>Vishambhra visha</i> (insect poisoning)
<sup>[20]</sup> <i>Shirishadi Agada</i>	<i>Ahinduka visha</i> (insect poisoning)

**Table 2: Agada yoga mentioned in Charak samhita.**

AGADA YOGA	INDICATIONS
<sup>[21]</sup> <i>Mritasanjeevan Agada</i>	In all types of poisoning
<sup>[22]</sup> <i>Gandhastina mak Agada</i>	demolish the poison spread in head region, <i>jwar, bhootgrah, visuchika, ajirna, murcha, unmad, apsmar, kanch, patal, nilika, shiro roga, shushkakshipaak, pillar, arbuda, arsh, kandu, pandu roga.</i>
<sup>[23]</sup> <i>Mahagandhah astinam Agada</i>	In <i>luta</i> , mice, snake poisoning, effect of <i>moola visha</i> and <i>kand visha, netra rog (pilla, kandu, timir, kanch), arbuda, visham jwar, ajirna, visuchika, pama.</i>
<sup>[24]</sup> <i>Rishabhakadi Agada</i>	Complications due to poisoning
<sup>[25]</sup> <i>Kshara Agada</i>	All types of <i>visha vikar, visha janya shotha, gulma, charma roga, arsh, bhagandar, pleeha roga, shotha, apsmar, krimi, swarbhed, pandu roga, mand agni, kasa, unmad</i>
<sup>[26]</sup> <i>Panchshirish Agada</i>	In all poisoning

**Table 3: Agada yoga mentioned in Ashtanga Hridaya.**

AGADA YOGA	INDICATIONS
<sup>[27]</sup> <i>Meghanath Agada</i>	In <i>rajiman</i> snake poisoning
<sup>[28]</sup> <i>Nakulyaadi Agada</i>	In <i>mandala</i> snake poisoning
<sup>[29]</sup> <i>Himvan Agada</i>	In <i>mandala</i> snake poisoning, <i>visarpa, shwathu, visphot, jwar, daha</i>
<sup>[30]</sup> <i>Gonas sarpvishnashak Agada</i>	In <i>gonas</i> snake poisoning
<sup>[31]</sup> <i>Vajra Agada</i>	In snake poisoning
<sup>[32]</sup> <i>Bilwadya Agada</i>	Snake, <i>luta</i> , mice, scorpion poisoning, <i>visuchika, ajirna, jwar</i>
<sup>[33]</sup> <i>Padmak Agada</i>	In <i>luta</i> poisoning
<sup>[34]</sup> <i>Champak Agada</i>	In <i>luta</i> poisoning
<sup>[35]</sup> <i>Mandar Agada</i>	In <i>luta</i> poisoning
<sup>[36]</sup> <i>Gandhamadan Agada</i>	In <i>luta</i> poisoning

**Table 4: Agada yoga mentioned in Ashtang samgraha.**

AGADA YOGA	INDICATIONS
<sup>[37]</sup> <i>Suryodya Agada</i>	All types of poisoning
<sup>[38]</sup> <i>Mritasanjeevan Agada</i>	In unconsciousness
<sup>[39]</sup> <i>Prajapatya Agada</i>	In all types of poisoning
<sup>[40]</sup> <i>Dashang Agada</i>	<i>Vishanashak</i>
<sup>[41]</sup> <i>Ajit Agada</i>	In <i>sthavar</i> and <i>jangam vish</i>
<sup>[42]</sup> <i>Dushi vishari Agada</i>	In <i>dushivisha</i> and other poisoning also
<sup>[43]</sup> <i>Ashtang Agada</i>	In <i>gonas sarp visha</i>
<sup>[44]</sup> <i>Himvaan Agada</i>	In <i>mandala sarp vish, visarpa, visphota, jwar</i>
<sup>[45]</sup> <i>Taksharya Agada</i>	In <i>takshak vish</i>
<sup>[46]</sup> <i>rishabh Agada</i>	In snake and insect poisoning
<sup>[47]</sup> <i>Dashang Agada</i>	In <i>keeta vish</i>
<sup>[48]</sup> <i>Kshara Agada</i>	In <i>sthavar vish, jangam vish, shool, gulma, ajeerna, swas, kasa, ashmari, sharkra, shoph, arsh, grahni rog, aruchi</i>
<sup>[49]</sup> <i>Sungandhakhya Agada</i>	In <i>sthavar</i> and <i>jangam visha</i>

**Table 5: Agada yoga mentioned in Chakradata.**

AGADA YOGA	INDICATIONS
<sup>[50]</sup> <i>Dashang agada</i>	In <i>Keeta</i> poisoning
<sup>[51]</sup> <i>Mritasanjeevan Agada</i>	All types of <i>jantu</i> poisoning, <i>jwar, stri vikar</i>

**Table 6: Agada yoga mentioned in Bhaishhya Ratnavali.**

AGADA YOGA	INDICATIONS
<sup>[52]</sup> <i>Ajit Agada</i>	<i>Sthavar</i> and <i>jangam vish</i>
<sup>[53]</sup> <i>Aprajita Agada</i>	In <i>saptadhatugata vish</i>

**Table 7: Agada yoga mentioned in Yog ratnakar.**

AGADA YOGA	INDICATIONS
<sup>[54]</sup> <i>Ghrītadi saptak Agada</i>	In <i>Takshak sarpa</i> poisoning
<sup>[55]</sup> <i>Dashang Agada</i>	In <i>keeta</i> poisoning
<sup>[56]</sup> <i>Shleshmatakadh Agada</i>	In all types of poisoning ( <i>sthavar</i> and <i>jangam vish</i> )

**Table 8: Agada yoga mentioned in Vangsen samhita.**

AGADA YOGA	INDICATIONS
<sup>[57]</sup> <i>Chandroudyia Agada</i>	In all types of poisoning
<sup>[58]</sup> <i>Suryodya Agada</i>	In all types of poisoning
<sup>[59]</sup> <i>Taksharya Agada</i>	In <i>takshak</i> snake poisoning
<sup>[60]</sup> <i>Maha Agada</i>	In high potent snake poisoning and also in all poisons



**Table 9: Agada yoga mentioned in Gadanigrah.**

AGADA YOGA	INDICATIONS
<sup>[61]</sup> Maha Agada	Vishvega nashak
<sup>[62]</sup> Ajit Agada	In <i>sthavar</i> and <i>jangam vish</i>
<sup>[63]</sup> Churna Agada	In all types of poisoning
<sup>[64]</sup> Panchshirish agada	In all types of poisoning
<sup>[65]</sup> Sarvakamika agada	In <i>Chatushpad damsh vish</i>

**Discussion**

Poison is a material that, when taken into or administered to the body, has the potential to harm or destroy life. *Agada* is medication that slow the progression of bad health effects caused by exogenous substances such as pharmaceuticals, metals, and poison. The use of *agada* depends upon its indications and availability of drugs.

<sup>[73]</sup>There are numerous *Agada yogas* that, when correctly prepared, can serve as *Rasayana* (rejuvenation) and *Prativisha* (Antidote). The *Ushna* (hot potency), *Teekshna*, and *Vyavayi* (rapid spreading) qualities of *Agada yogas* will aid in the eradication of illnesses and *visha* from the body. These *Yogas* are more effective due of its *vishaghana* ingredient and *Prabhava*.

Currently, research on these antitoxic compounds is being done in a variety of toxicities.

<sup>[74]</sup>Impact of the *Dooshivishari Agada* is known about reproductive toxicity caused by MSG specifically referring to the ovary and follicle count.

<sup>[75]</sup>Additionally, *Bilvadi agada* has been discovered to have renal protective properties against gentamicin- induced nephrotoxicity in male Wistar rats.

**Conclusion**

The *kalpa/Agada* mentioned in different classical texts is extremely beneficial in both *Visha Chikitsa* and *Kaya Chikitsa* disorders. These medications are used for poisoning management and also to treat numerous systemic diseases and complications caused by poisoning or bug, snake, or other dangerous bites. As a result, these are highly important drugs in this current period where life is incredibly rapid and the value of time has left all things behind. As a result, additional research and experimentation are required for the development of new *Agada yoga* (drug compositions). Various *agada* have been mentioned in *agada tantra* literature to

minimize the negative effects of poison and also other systemic diseases.

Though such explanations and references can be accessed, little effort has been done in these areas. As a result, studies conducted on these may shed further light on the activity of these *agada*.

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